



## WEEK 4 - May 24-30 | Pentecost

### OPENING PRAYER

Breath in me, Oh Holy Spirit, that my thoughts may all be holy.  
Act in me, O Holy Spirit, that my work too may be holy.  
Draw my heart, O Holy Spirit, that I love but what is holy.  
Strengthen me, O Holy Spirit, to defend all that is holy.  
Guard me, then, O Holy Spirit, that I may always be holy. Amen.

## CLICK HERE TO READ THIS WEEKEND'S READINGS

First Reading: [Acts 2:1-11](#)

Responsorial: [Psalm 104:1, 24, 29-30, 31, 34](#)

Second Reading: [1 Corinthians 12:3b-7, 12-13](#)

Gospel: [John 20:19-23](#)

### INSIGHTS FROM OUR READINGS

These readings invite us to be open to the Spirit's transforming presence, allowing Him to break down barriers in our lives and send us forth with renewed faith, courage, and a deeper sense of unity in God.

Pentecost reminds us that the Holy Spirit brings life, unity, and courage. The disciples, once afraid and hidden, were filled with the Holy Spirit and sent out boldly to share the Good News. The same Spirit works in each of us, giving different gifts for the good of all and uniting us as one Body in Christ. Jesus brings peace, mercy, and mission—calling us not to stay behind locked doors, but to go forth and be His presence in the world.

### ADDITIONAL SCRIPTURE PASSAGES

“But you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth.” **(Acts 1:8)**

“Do you not know that your bodies are temples of the Holy Spirit...? **(1 Corinthians 6:19)**

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.” **(Galatians 5:22)**

## QUESTIONS FOR REFLECTION AND DIALOGUE

Take some time to reflect on this week's message and discuss with your group:

1. Which "fruit of the Spirit" (*Galatians 5:22–23* - see above) do you most want to grow in right now? Why?
2. The story of *Genesis 11:1–9* shows division, while Pentecost brings unity—where do you see a need for unity in your life or community? Where can you sow unity over division? Does your language reflect peace and unity when speaking about those you disagree with?
3. Have you ever felt guided or prompted by the Holy Spirit in a specific situation? What did that feel like and how did you respond?
4. What spiritual practices (prayer, silence, Scripture, sacraments) help you stay open to the Spirit?
5. How can our group better reflect the unity and mission seen at Pentecost?

### PRAY

- Pray the opening prayer for the Holy Spirit's guidance
- Pray for which fruit of the Holy Spirit you would like to grow in.
- Pray for the newly-confirmed of SMIC & SJV as they received the gift of the Holy Spirit last month. May God continue to guide them on their mission.

### ACT

- Take 5 minutes of quiet time daily to listen to the Holy Spirit.
- Affirm someone you know - how you see the Spirit working through them.
- Take time to reflect on one gift or talent God has given you—whether kindness, leadership, music, listening, or service—and use it this week to help someone in need.

### INSPIRE

- Share about how the Holy Spirit has worked in your life.
- Be intentional about recognizing the fruits of the Spirit in those in your family or with friends. Let them know when you see the fruits working.

## INTERCESSIONS FOR THE GROUP

Take some time to pray together for the persons or people on the Hearts of your small group members.

## CLOSING PRAYER

Heavenly Father, we thank You for this time together and for the gift of Your Holy Spirit among us.

As we go forth, may Your Spirit continue to guide our thoughts, strengthen our faith, and inspire our actions. Help us carry the fire of Pentecost into our daily lives—bringing peace where there is division, love where there is need, and courage where there is fear. Keep us united in Your truth and faithful to Your call.

We ask this through Christ our Lord. Amen.